

*"I gained a deeper understanding of myself, my partner, and my relationship.*

*I truly feel the experience added to the depth and strength of our relationship."*

*~ Ed*



*Summit Quest*

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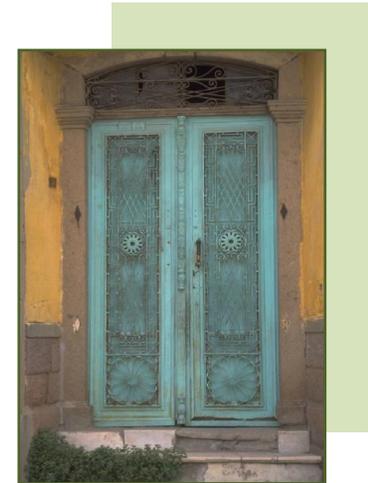
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# The Couples Retreat



*Reaching the Highest Within*

## The Couples Retreat

The relationship between husband and wife is sacred.

Most often, the wedding day is filled with hope, joy, laughter, and celebration. Couples begin the marriage relationship filled with loving expectations and bright dreams for the future. At this time of beauty, everything is right with the world.

But the stress of daily living may test the resolve of even the best relationships. Some simply get lost in daily routines, allowing the relationship to become ordinary, boring, or mundane. Others may find themselves feeling alone and misunderstood in the relationship that once brought the most joy. Still others experience the pain and heartache of broken promises and shattered dreams.

Regardless of present circumstances, all relationships may benefit from taking the time to stop, listen, and share with one another from a place of deep authenticity.

The retreat provides a safe environment to explore genuine needs and to address issues that may prevent couples from experiencing the fullness of their relationship. It creates an opening for healing and an opportunity to remember the sacred bonds they share.

Marriage is not an event, but a process. The retreat empowers couples to find beauty in the journey.



*"The retreat provides a safe environment where couples can grow, learn, and support each another. It gives the opportunity to begin healing from the past and to remember future dreams. It's a great opportunity to be together in nature and to be quiet without the distraction of busy schedules. Being with other couples allows the space to connect with others, to create new friendships, and to make treasured memories."*

*~Madonna and Loren*

Cost for the Couples Retreat: \$460

Price includes retreat experience, lodging, and most meals. A \$75 non-refundable deposit will secure your place. Pay only \$385 if you pay your deposit at least 60 days in advance of the retreat.

For the dates and location of upcoming retreats or other information, please visit our website:

[www.summitquest.org](http://www.summitquest.org)